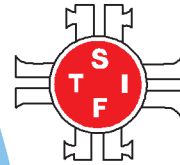


Østerøya - Nord

Møjern

Sandefjord OK og STIF

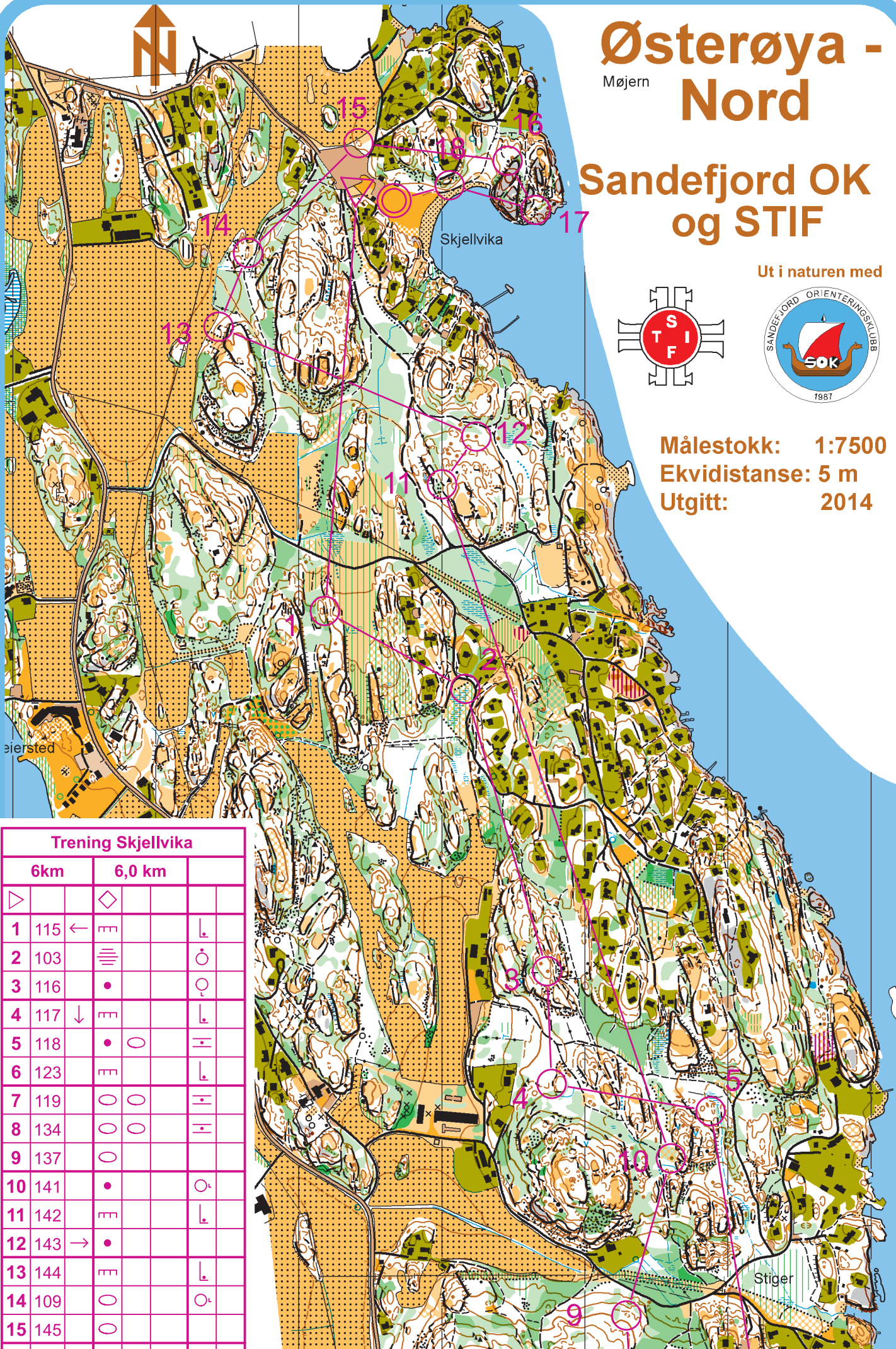
Ut i naturen med



Målestokk: 1:7500

Ekvidistanse: 5 m

Utgitt: 2014



Trening Skjellvika

	6km		6,0 km	
	▷		◇	
1	115 ←	≡		⊥
2	103	≡		○
3	116	•		○
4	117 ↓	≡		⊥
5	118	• ○		≡
6	123	≡		⊥
7	119	○ ○		≡
8	134	○ ○		≡
9	137	○		
10	141	•		○
11	142	≡		⊥
12	143 →	•		
13	144	≡		⊥
14	109	○		○
15	145	○		